

Fishy News

fish.creek.ps@education.vic.gov.au
www.fishyps.vic.edu.au

A message from the Principal

It is great to get back into the swing of term 3, students have started the term extremely well and ready to learn. It was wonderful to see our students all enjoying and participating in our African drumming show. All students had a great time. Just a reminder if you are around on a Monday morning, we are running assemblies in the undercover area at 9am. I really enjoy the assemblies; it is great to hear all the great work that is happening in class but also to watch the students' reactions as we go through the students of the week. On Monday Jude M was lucky enough to win two students of the week for his outstanding work and he was absolutely pumped about it.

Covid

There have been recommended changes to mask wearing, and testing and isolation periods which are listed below. If you need any clarification on the updates, please contact the school at any time.

It is **strongly recommended** by the Victorian Department of Health that face masks are worn in indoor settings, with face masks mandatory for those aged 8 and over who are household contacts and attending school. This is because the wearing of masks is effective in reducing the transmission of COVID-19.

It is the department's strong recommendation that, through to the end of winter, students aged 8 and over and staff will wear masks when in class, except where removing a mask is necessary for clear communication or when a particular activity requires the removal of a mask.

Masks are not required to be worn outdoors but can be worn when physical distancing is not possible. This expectation should not constrain student participation in the full range of school activities, including music, sport and performances.

Wearing masks is a simple step we can all take this winter to reduce the number of COVID-19 cases and ensure our schools are as safe as possible.

Exemptions for testing and isolation

The period of time when someone is considered a recently confirmed case and therefore exempt from testing and isolation requirements has been **reduced from the previous 12 weeks to 4 weeks.**

This means that staff and children who are household contacts of people with COVID-19 are now required to undertake the testing and isolation requirements from 4 weeks after completing isolation with COVID-19. Previously, this exemption period was 12 weeks.

After the 4-week exemption period, students and staff members who are a household contact of a new COVID-19 case, must follow the rules for household contacts, including reporting this to their school.

As part of this, they must take 5 rapid antigen tests (RATs) over 7 days and receive negative test results and wear a face mask (if over 8 years old) in indoor spaces.

Families and staff will also have to report being a household contact to their school after this 4-week period.

New families

I know this is the time of the year when families with kinder aged students are considering their school for next year. If you know of any families that have kinder aged children or have families that have just moved to the area please pass on that we run school tours at any time and are only too happy to show perspective families around our wonderful school.

Cross country

A big congratulations to South for her fantastic efforts in the state cross country final. Unfortunately, the live stream of the race wasn't working as we know all the students wanted to watch and cheer you on.

Cheers Dale



FISH CREEK & DISTRICT PRIMARY SCHOOL

Hoddle Road
Fish Creek VIC 3959
03 5683 2271

IMPORTANT DATES

JULY 2022

Tues 26th 3-6 Fire Safety

AUGUST 2022

Tues 9th School Council
Tues 23rd Bunnings E Science
Visit
Thu 25th Prep Information
Night
Mon 29th 5-6 Melbourne
Camp

PRIMARY WELFARE

Donna Giliam
Phone: 03 9080 1881
email:
donna.giliam@education.vic.gov.au

DON'T FORGET!



SCHOLASTIC
Book Club

orders are due:

Friday 29th July

Student of the Week



Primary Welfare

My first, graduate job was at Fish Creek Primary School, teaching drama and music in the gym. It was a great job to cut my teeth in, but the gym was SO LOUD, and my voice was so tired after trying to work with the echo. Since, then I have always noticed the echo in the gym and been grateful that am not trying to do theatre games in there anymore!

Yet today, the gym is thundering, and it makes my heart sing. The kids are fortunate enough to be part of an African Drumming Workshop and it is beautiful. They are focused, their hands and eyes on task. They are not noticing the kid next to them or the teachers at the back. For a precious hour of their day, they are totally absorbed in what is right in front of them and that is all. They drum, they cheer, they clap, and they drum. It makes my skin bump as I hear them making music, making noise in unison but also, they sound free.

It got me thinking about 'flow state', how good it is to be so lost in a task or a job or a sport or an activity that time stops and there is nothing else on your mind. For me that happens with long distance running or driving, for others it might be art or craft or paddling or swimming or dancing or playing an instrument or writing or icing a cake or surfing or skiing or bushwalking or reading or sitting near a sunny window or knitting or sewing or playing football or netball, the list is endless.

Childhood gives many opportunities for being in a flow state and so does boredom. Letting our kids be bored, noisy and adventurous is a wonderful way for them to find a flow state – which could serve them for the rest of their lives.

Donna Giliam- Primary Welfare PH: 0493131403
email: Donna.giliam@education.vic.gov.au

Jump Rope for Heart

Jump Rope for Heart is the Heart Foundation's primary school skipping challenge that helps kids move more, have fun and raise funds for lifesaving research and programs. This year is the 40th year of Jump Rope for Heart! To celebrate this milestone we are going to raise funds, have fun with lunchtime skipping activities and participate in one big skipping day to be held on Fri 9th Sep to mark the end of the program.

Register your child online, so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started. www.jumprope.org.au/parents. If you prefer the good old-fashioned paper form to fundraise with, these will be going home with students also.

Thank you for supporting the Jump Rope for Heart program and please see Peta Hamlett with any questions.



100 Days of School

Just a reminder that TOMORROW (Friday 22nd July) the preps will be celebrating their 100th day of school. We are encouraging all students to dress as 100 year old's.



Indo Fashion Parade

On Friday 29th July, students in grade 1-6 are going to demonstrate their Indonesian skills to each other through a fashion parade. They will be strutting themselves down a catwalk whilst their partner describes the clothing they're wearing before swapping roles. The kids are super excited about this activity which we had intended to do last term but camp, covid and the flu had other plans for many of our kids. It would be fantastic if students could bring along their named clothing/costume by next week (Fri 22nd) so they can write the script to accompany their walk the week after.



Any questions, please contact Peta Hamlett

Sign In and Out

Just a reminder that due to the easing of restrictions, students arriving late to school need to be walked into school by an adult who will complete the sign in /out book at the office. If you are collecting your child early from school, please head to the office as well.



African Drumming

The school grounds were filled with the rhythmic beats of African drums this afternoon. Students were treated to an interactive workshop with Abli who taught them traditional West African call and response songs and led them in complex layered rhythms. All students were thoroughly engaged and enjoyed experimenting with a variety of instruments including the Djembe drums, Juju shakers and bells. Many thanks to Abli for a memorable afternoon.



Bus travellers

Bus travel reminder to parents to let the office know of any changes, permanent or temporary, to bus travel arrangements. Permanent/regular changes must be submitted in writing to the office.



Net Set Go

Net Set Go is running a 7 weeks program at the Fish Creek Netball Courts, Tuesday afternoons from 4:00pm -4:45pm. The program is open to 5-7 year old children wishing to learn the skills of the game whilst having fun doing so. Please contact BJ on 0401 572 409 if you require any further information.



SAVER PLUS INFORMATION SESSION FOR: PARENTS WITH PRIMARY & SECONDARY SCHOOL AGED CHILDREN (4YO KINDER TO YEAR 12 & HOMESCHOOLED)

A drop in session for parents with school aged children (4yo kinder - Yr 12 & homeschooled). Find out how you can build your financial resilience and get up to \$500 for education costs for your education or your child's with this free program. We will discuss how Saver Plus works, the eligibility criteria and how to sign up.



Meeting Details:

Date: Tuesday 26th July, 2022
 Time: 12:30 - 1:30pm AEST (Drop in)
 Zoom Meeting:
<https://bsl.zoom.us/j/66331238361?pwd=Z0swYWYrb3pONHB0VXVlbHl3OU5TZz09>

Passcode: 536569

RSVP:

Click on this link below or scan the QR code to register for the session:
<https://forms.office.com/r/zPTAyyaP5e>



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