

Fishy News

fish.creek.ps@education.vic.gov.au
www.fishyps.vic.edu.au

A message from the Principal

Volunteers

We are looking for some volunteers to help out Mr Farrell in the garden. Over the last couple of years our veggie and native garden has become quite overgrown. If you are available on a Monday, Tuesday or Wednesday Mr Farrell would really appreciate the extra support to get our garden thriving once more. If you would like to become involved please contact the school at anytime. Please don't feel it has to be a big commitment even if you could help for a short amount of time it will be greatly appreciated.

Rapid Antigen Tests

We will be handing Rapid Antigen Tests out on Monday, if you require any additional tests please don't hesitate to get in touch with the school.

The period of time when someone is considered a recently confirmed case, and therefore exempt from testing and isolation requirements, has been reduced from the previous **12 weeks to 4 weeks**. That means if your child tested positive last term they can again be positive now.

This means that staff and children who are household contacts of people with COVID-19 are now required to undertake the testing and isolation requirements from 4 weeks after completing isolation with COVID-19.

After the 4-week exemption period, students and staff who are a household contact of a new COVID-19 case, must follow the rules for household contacts, including reporting this to their school.

As part of this they must take 5 rapid antigen tests (RATs) over 7 days and receive negative test results and wear a face mask (if over 8 years old) in indoor spaces.

Food

We have found over the last couple of weeks that some students have been sharing their lunch with other students. This is something that we need to discourage in the school ground. There are many reasons for this including:

- ◆ Students may have allergies to particular foods.
- ◆ Different dietary requirements.
- ◆ Covid (the increased risks of spreading germs).

I have spoken with all students and grades about this matter, but if the message can be reinforced at home, that would be greatly appreciated.

Commonwealth games

Just a reminder that the Commonwealth Games are still continuing in Birmingham. A major event like this it is always a good opportunity for learning. It is a chance to learn about new sports and events and also different countries and cultures from around the world.

Cheers
Dale



FISH CREEK & DISTRICT PRIMARY SCHOOL

Hoddle Road
Fish Creek VIC 3959
03 5683 2271

IMPORTANT DATES

AUGUST 2022

Tues 9th	School Council
Tues 23rd	Bunnings E Science Visit
Mon 22nd-	Book Week
Fri 26th	
Thu 25th	Prep Information Night
Mon 29th	5-6 Melbourne Camp

PRIMARY WELFARE

Donna Giliam

Phone: 03 9080 1881

email:

donna.giliam@education.vic.gov.au

Thanks for buying
books from

 SCHOLASTIC

Book Club

they help build our
classroom resources



Student of the Week



Primary Welfare

One of the best things about our family farm in the Dollar Hills was our creek, my Uncle Charlie put the fence in nearby, so we called the creek 'Charlie's Corner'.

When a sunny Winter's day popped up, we would BEG mum to let us go down there, it was a mission rolling and sliding down the big hills, into the gully, across the fallen tree and to the creek. We would pack a picnic and when we got older, we would take matches and paper to light a campfire. Charlie's Corner is where I learned to light a safe fire, cook damper on a stick, find ochre and make a bowl out of the sticky creek clay.

In Winter there was not much chance of seeing a snake and the creek flowed, giving us fresh water to drink. The best part of our adventures down to Charlie's Corner was rock hopping up the creek. Someone would always fall in (usually me first followed closely by my little cousin Fleur) and once we were in that is when the fun really started. We would wade through the creek up to the little waterfalls and explore. The walk home in wet shoes and damp jeans was always hard but it was also ALWAYS worth it.

On Tuesday, the grade 5/6 kids, Mrs Hamlett and I, went on an afternoon rail trail walk. It was a sunny winters day, we stopped at the creek for once it was not pumping or stagnate – it was perfect. I felt history repeat as your children got lost in their imaginations, making weirs and clay animals and finding joy in the little creek on our doorstep. The walk back to school was bubbling with laughter and stories, the kids a little damp, a little muddy but filled with joy that nature can offer.

Thankyou grade 5 and 6 for making my soul sing on a perfect Tuesday afternoon!

Donna Giliam- Primary Welfare PH: 0493131403
email: Donna.giliam@education.vic.gov.au



Terima kasih untul hari bagus! Thankyou for a great day! Our Indonesian Fashion Parade was incredible! Kids wore the most fabulous outfits and were able to describe their partners clothing in Indonesian, practising using the language orally and having a wonderful time.



Fish Creek Book Sale

Book Week this year is from 22nd to 26th August and to celebrate JSC is going to run a second hand book stall. Over the next few weeks, we would love for all families to rummage through your bookshelves, boxes, under beds etc, and donate your pre-loved books to our school. We will be storing them in the room next to the Indonesian room.

All books will be \$1 each and all money raised will go towards the Indigenous Literacy Foundation which is a fantastic cause that goes towards raising literacy outcomes in remote Australia.

Stay tuned to find out about the date of our dress up day and other cool things happening during Book Week!

Thanks,

Peta Hamlett and the amazing Junior School Council



WELLBEING SPACE DONATIONS PLEASE

Hello everyone,

We would appreciate donations of colourful fabrics so we can make bunting. If you want to donate, please talk to Ruby, Addie, Elsa or Donna Giliam; contact her on 049 3131 403 thank you!

Native planting E Science

“ All the students were lucky enough this week to have Michaela Smoulders teaching us all about native plants during environmental Science. We also managed to do some weeding, plant some potatoes and fix up our worm hotel. All in all a very enjoyable and productive day in the garden.”



Jump Rope for Heart

Jump Rope for Heart is the Heart Foundation's primary school skipping challenge that helps kids move more, have fun and raise funds for lifesaving research and programs.

This year is the 40th year of Jump Rope for Heart! To celebrate this milestone we are going to raise funds, have fun with lunchtime skipping activities and participate in one big skipping day to be held on Fri 9th Sept to mark the end of the program.

Register your child online, so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started. www.jumprope.org.au/parents. If you prefer the good old-fashioned paper form to fundraise with, these will be going home with students also.

Also, can all families please have a hunt around your homes for any skipping ropes that can be returned to school. We understand many were sent home for exercise during our Remote Learning period and would love to see them make their way back to school so we can run a proper program leading up to the Jump Off Day in Sep.

Thank you for supporting the Jump Rope for Heart program and please see Peta Hamlett with any questions.



Fishy Stories

(Fish Creek Children's Literature Festival)

It's wonderful to hear some of the stories that are being created for the Story Competition for the Fish Creek Children's Literature Festival. 12 lucky winners will get their story turned into a play performed at the Fish Creek Children's Festival of Stories on Sunday 18 September 2022. Entries must be under 350 words and submitted by August 12th via the website below <https://www.fishystories.org/writing-challenge>

Five tips for parents

2. Build a sharing culture

Even with young children - show them photos on your phone, or your favourite websites. Influence them by sharing videos you find that they might not see and then foster that as they become older and encourage sharing things they find on social media (not by following them) by sending a message or just showing it on their phone screen.

Normalise that there are things they want to show and share, some things they won't - and so that should be - parents shouldn't know everything their child does or says with friends.

You want to build a relationship of sharing, so when something does go wrong for them, and they need help - they come to you.



eSmart
alannah & madeline foundation

Five tips for parents

3. Be respectful

Make sure you show children how to be respectful around technology. This means not turning off the internet connection or computer mid game. This means not dealing with an issue when you are angry and frustrated.

As the adult, you should create space for conversations about issues you have with your child's technology use. Just dictating what and when they should play is not supporting them to develop, grow or learn to negotiate and make good decisions.

You want your child to be a respectful person, so model that behaviour to them.



eSmart
alannah & madeline foundation