Fishy News

fish.creek.ps@education.vic.gov.au www.fishyps.vic.edu.au

Principal's Message

It was wonderful to have the kindergarten students turn up on Tuesday for their second transition day. While coming to school can be a very daunting experience for younger students, I can happily say, it wasn't for this group. They all looked so comfortable in the school environment you would have thought they'd been coming here for years. The Kinder students all experienced a music lesson with Mr Farrell, which they all loved. We look forward to seeing all of the students again in a couple of weeks time when they will be having an Environmental Science lesson.

Parents and Friends

The Parents and Friends (PnF) committee is having a meeting on **Thursday the 19th of October at 9 am**. Please feel free to come and have a cuppa and discuss ways you can help enhance our children's school experience.

Items on the agenda will include;

- the school disco
- the Colour Run
- the sale of unsold socks
- graduation gifts for the Grade 6s

Everyone is welcome.

* XXX



Covid

We have had a couple of cases of covid reappear in the school community. If your child is unwell please remember to keep testing. If you need any additional tests, please contact the school office.

Hats in Term 4

As a Sun Smart school I would just like to remind everyone that wide brimmed school hats are compulsory to wear during term 1 and term 4 of the school year. If you need a new hat please contact us at the office and we will be happy to arrange it.

You be the Coach

On Tuesday afternoon students in year 9 at Foster Secondary College, will be coming to the school to run PE lessons with Mr Couper. This is a part of the sports coaching class and gives them an opportunity to further develop their skills.

Regional Athletics

The All Gippsland Athletic Championship has been rescheduled to next Wednesday, the 18th of October. The competition was postponed due to recent heavy rainfall. Addie and Marlow are competing in the discus and 100m sprint events respectively. We wish both the girls the best of luck and I know they will both represent the school proudly.

Cheers, Dale



FISH CREEK & DISTRICT PRIMARY SCHOOL

Hoddle Road Fish Creek VIC 3959 03 5683 2271

IMPORTANT DATES

October: 27th - PnF School Disco

November: 13-17th - Swimming

PRIMARY WELFARE

Donna Giliam
Phone: 03 9080 1881
email:
donna.giliam@education.vic.gov.au



FISHY NEWS NUMBER 30 RESPECT FAIRNESS COMMITMENT 12TH OCTOBER 2023

Student of the Week



Primary Welfare

During the first lockdowns I got a bit obsessed with listening to the radio, I did not understand what was happening in my world and I wanted to make sense of it. So, I kept the radio on constantly and my ears pricked for the news. When the news came on, I would stop what I was doing and listen for something to make some sense. I was listening also for some good news, some hope, a change.

I did this until one day my kids said, "Mum, please turn the news off it makes me feel scared." And I reflected and thought about what it was that I could do to change the situation we were in. There were many things I could do for my humans and my community — not so much I could do about COVID or the lockdowns.

I use this as a starting point now, whenever I hear something confronting on the news. I break the problem down to 'What can I do about this, here in Fish Creek?' and then I do that for example: if I am worried about Climate — I get in my garden and grow plants, I check in with my consumption of electricity or waste. I can't fix the world, but I can do my bit. This is a 45-year-old head managing the news on the radio.

Right now, with the state of the world our kids can be exposed to so many confronting news articles online and these can be scary and very graphic. Now more than ever it is important that we are managing their online presence.

Please reach out if you need to have a chat about this or would like some support.

Donna Giliam Primary Welfare PH:0493 131 403

Book Club Returns

Please ensure that you order online or return any order forms for purchasing books from the Scholastic book club to the office by Monday the 16th of October.

School Garden Busy Bee



5683 2271.

We would love to invite all of our green fingered or aspiring green fingered parents and carers to join us on Thursday the 2nd of November for our rescheduled



School Garden Busy Bee. (Fingers crossed for good weather) The Busy Bee will run over the entire school day so feel free to drop in and help out when it suits you. It will also be a great chance to have a cuppa and meet other members of our school community.

Job Opportunity

Fish Creek & District Primary School is seeking an Education Support Trainee for 2024. This is a full time paid position. The successful applicant will be working in the classroom with students and supporting teachers whilst studying Certificate 3 in Education Support. The program is ideally suited to students who have completed year 12 and are considering a gap year. For further information on this position, please contact principal Dale Banks

FISHY NEWS NUMBER 30 RESPECT **FAIRNESS** COMMITMENT 12TH OCTOBER 2023



Welcome back to Term 4. Gonzalo and Lucy, the parents of Django and Lorenzo, are thrilled to be back coordinating the before and after school program.

This week our program is celebrating "Walking Together" in anticipation of the Voice to Parliament referendum. We'll be enjoying the bounty of science, art and life skills shared by Australia's First Nations people, through Astronomy, Stories, Art and by cooking recipes from our First Nations cookbook

This term we'll be strengthening the art program, covering skills in sculpture and printmaking. Activities will include hand-building, Cyanotype printing, Mono-printing and screen-printing. As always, we will augment this with life-skills such as cooking, soapmaking, candle-making and sewing.

We hope you can join us. If you have any queries regarding dates for particular workshops, please get in touch with Lucy on 0448 222 868 or Gonzalo



National Gardening Week 15-20 October

Gardening offers a wide range of physical, mental, and emotional benefits that make it a rewarding and healthy activity for people of all ages. Whether you have a small herb garden, a schoolyard plot, or a community garden space, the act of nurturing and cultivating living things can be

deeply rewarding and contribute to your health and well-being. Join the Aussie Bird Count! 16-20 Oct Details online.







Corner Inlet Swimming Club

Dolphins

The Corner Inlet Swimming Club (CISC) welcomes existing and new families to start of our 2023/24 training season commencing Term 4, Monday 2nd October

When: Mondays Junior Squad 5.30pm - 6.30pm

Senior Squad 5.30pm - 7pm

Fridays Junior Squad 4pm - 5pm

Senior Squad 4pm - 5.30pm

Where: Toora Swimming Pool

Children's

Week 2023 21-29 October

Why: Fun. Fitness, Technique, Endurance, Competition

Who: 7yo to 100+yo who can competently swim 2 laps of the pool

What to Bring: Goggles, Flippers, Water Bottle, Towel Contacts: Bree 0407 354 618 or Jess 0413 954 333

dolphinscisc@gmail.com Facebook: Dolphins – Corner Inlet Swimming Club

Come and try First session FREE

CISC is a family friendly swimming club offering accessible training where members can improve swimming fitness, technique and challenge themselves to achieve personal best times

"Ribbons are a bonus, not a focus!"