

Fishy News

fish.creek.ps@education.vic.gov.au
www.fishyps.vic.edu.au

Principal's Message School Review

As part of our upcoming school review (each government school has a school review every 4 years) we will be sending a Compass message out to all families asking them to share their highlights about the school and school community. This is a good chance to have a chat with your children about what they treasure and are proud of at our great school. When I reflect over the last 4 years, some of the highlights for me include; our great academic results, how we supported students and families through remote learning and the COVID years, the snow camp to Mount Buller, our fantastic Shrek production, concert programs and the great community feel of the school. I look forward to hearing about your highlights.

Headlice

Unfortunately, we continue to have a major issue with headlice. Please check your children's hair regularly and treat immediately if lice are present. It can be extremely frustrating for parents and children alike, who are treating infestations only to find that they are reinfested once the student returns to school. We **all** need to be on the look-out and act quickly and thoroughly to try to stamp out this menace.

Winter Sports

Tomorrow our grade 5/6 students will be commencing their winter sports program. Students were given the choice of participating in football, netball, soccer or mixed sports as part of their program. Winter Sports training goes for 2 consecutive Fridays (10/5 at Fish Creek and 17/5 at Meeniyen) where we join up with Meeniyen and Tarwin Lower Primary to learn new skills and gain fitness through these fantastic sports. At the end of the Winter Sports, selected students from the 3 schools will compete in games against the Prom Coast schools. Students are required to bring a change of clothes on these days and are reminded that there will be *no lunch orders* on these days.

PnF

A big thank you to our wonderful PnF team for running our Mothers Day/ Special Persons stall today. We are very fortunate to have so many volunteers that help the school in a variety of ways. If you are interested in joining our PnF team or would like to help out in anyway, please contact the office.

Incursion

On Wednesday the 15th of May we will be holding an Animals of OZ science incursion at our school. In this program the students will explore biological characteristics of different animal groups, appreciate the vast biodiversity of our fabulous country and understand the importance of conservation. This should be lots of fun and a great educational experience for all of our students.

Cheers,
Dale



FISH CREEK & DISTRICT PRIMARY SCHOOL

Hoddle Road
Fish Creek VIC 3959
03 5683 2271

Victorian 2024 school terms

Term 2: Mon 15 April-Fri 28 Jun
Term 3: Mon 15 July-Fri 20 Sept
Term 4: Mon 7 Oct- Fri 20 Dec

IMPORTANT DATES

MAY

10th - P-2 morning tea 10-11am
 10th - Winter Sports - Fish Creek
 14th - School Council Meeting
 14th - Cross country
 15th - Incursion: Animals of Oz
 17th - Winter Sports - Meeniyen
 22nd - Little Long Walk Day
 23rd - Cross country
 26th - Tea Cosy Festival

PRIMARY WELFARE

Donna Giliam
Phone: 03 9080 1881
Email:

Thanks for buying
books from

 SCHOLASTIC

Book Club

they help build our
classroom resources



Student of the Week



Parent Helpers Needed

Hi, the JSC are looking for parent helpers from 10-12:30 on the 22nd of May to help cook potatoes for the Little Long Walk.

Please let Donna know if you can help.

(0493 131 403)

From Pippa & Indy (Junior School Council).



Class Set of Ukes

Mr Farrell was very excited this week to put his handyman skills to the test and set up hangers for our brand-new class set of Ukuleles.

Each Ukulele comes with a built in pickup and electronic tuner. We were able to purchase these as part of our Music in Schools Program. The grade 3 to 6 students can look forward to learning how to play them later in the term.



FISH CREEK SCHOOL CROSS-COUNTRY

2024

The big day is **Tuesday 14th May**. The races will be conducted during the day's PE lessons over on the rail trail.

Family & friends are welcome to come along and cheer on the students.

Timetable for the day is as follows:

9.30am – grade 3 & 4 girls - 2km race.

10.15am – grade 3 & 4 boys – 2km race.

11.30am – grade 5 & 6 girls – 2km or 3km race.

12.15pm – grade 5 & 6 boys – 2km or 3km race.

1.50pm – grade prep/one 1km race.

2.35pm grade 2 – 1km race.

The grade 5/6 students have the choice of running a 2km or 3km race. Grade 5/6 students that wish to be eligible to represent the school at the Division event must run 3km. The Division event will be conducted at the Stony Creek Racecourse on Thursday 23rd May. The school team will be announced following the races next Tuesday.

This Thursday there will be cross-country training at the Foster SC starting at 3.35pm. This goes for approx. 30 mins and parents/adults are welcome to join in the sessions. These sessions will continue for all of term 2.

I will also be conducting a *Prom Coast Pack Run* this Saturday 12th May at the Fish Creek rail trail starting at 8.30am. There will be 3k/5k/8k & 10k events. Check out the Facebook page for details. Cheers Craig Couper

Welfare Report

Over the weekend I ran a marathon. I am not sharing this story to brag about the run but want to share it because of what was happening in my head and who put it in there. In the build up to the run I was joking that I may perish somewhere between the lighthouse and Roaring Meg or would have to walk in late at night with a torch as I had over estimated my ability. I was talking myself down because I was not feeling confident and did not really believe I could do this.

Over the week before the run, my friends said things like 'you are fitter than you have ever been', 'you have trained so hard' and Andrew said 'you get really determined (stubborn) when you say you are going to do something – you will finish it just because you said'. These words stayed in my head – as did good things people had told me about myself over the years 'Donna you are really brave' 'Donna you can do hard things' 'Donna you are resourceful and can make fun in any situation'. When I was crawling up the hill from Waterloo to the lighthouse a voice in my head said 'lucky you are fitter than you have ever been – you can smash this hill Donna' and when I was sloshing through the mud near Roaring Meg the thought 'I can jump these puddles and pretend I am in a video game' came to mind.

It was not just fitness that got me over the finish line but also the words in my head. A valuable lesson in not only the power of what we say to others but also the power of the words we tell ourselves.

This week in respectful relationships we have been looking at positive self-talk and our character strengths. Remember – 'be careful how you talk to yourself – because you are listening'

Donna Giliam

Primary Welfare

donna.giliam@education.vic.gov.au

0493131403

Editor's note:

On the weekend Donna ran a marathon! I am telling this story because it is definitely worth bragging about! It was not just any marathon but an extremely challenging one set on Wilsons Prom. We are all extremely proud of her taking on such an incredible challenge; she is a wonderful example of what you can achieve if you have the right mix of desire, discipline and stubbornness.

Morning Tea

All prep, grade 1 and grade 2 students have invited their mothers and special persons to a morning tea in their honour tomorrow (Friday the 10th of May) starting at 10am and going to 11am. The students have many surprises in store and are so excited to be hosting this event.



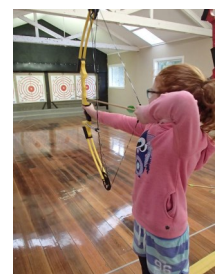
Attitude to School Survey

This week students in grades 4-6 have been completing their Attitudes to School Survey. In this survey students were asked to rate their school experiences in a range of areas and give feedback, so that the school can continue to strive to be its best. The students were very mature and took their time thinking and reflecting on their thoughts at an individual level. Thanks to those students who participated.

Somers Camp

Last week we were informed that we have received additional positions for the Somers School Camp Program (grade 5/6). Originally, we had 21 students apply to go to the camp however, we were only allocated 11 positions. The news last week means that the other 10 students who missed out in the first round will

get to enjoy all the camp has to offer (which, according to the first group; was *amazing*).





MARC Preview of Learning – Term 2 2024

MARC Library teaching sessions support the love of literature, knowledge and understanding of how books 'work' and the features of picture fiction, fiction and non-fiction books.

In our teaching sessions we choose books according to themes, ideas, units of learning, problem solving and enjoyment.

Of course, one of the highlights of a MARC session is going into the van to choose a book. What will I find? What will I read? Students love to browse and discuss their choice with other students. They question as to whether a particular book is available and also enlighten us to the fact that a certain book has been published and maybe we should purchase it.

Students can borrow a book for two weeks and then return and borrow another two. We have a number of books overdue at this point in time. If your child has an overdue book could you please help your child/children to locate and return books. They are labelled and have a distinctive green dot on the spine. Thank you.

The following is an outline of our timetable in Term 2.

Week	Junior	Middle	Senior
1	New Literature Night Watch by Jodi Toering Tannya <u>Harricks</u> This beautiful book gave students the opportunity to learn about a unique native bird.	New Literature Steve Irwin - Little People, Big Dreams series by Maria Isabel Sanchez Vergara. This book explored the dreams and achievements of the Australian 'Steve Irwin'.	New Literature Name That Thing by Dr Gareth Moore Students avidly shared this book working out what a thing was according to given clues.
2	ANZAC The Hidden Hat by Phil Cumming Sharing a <u>Grandpa's</u> war memories.	ANZAC Wear a Purple Poppy by Fiona White A 'look' at some of the working animals taken to assist during war time.	ANZAC ANZAC Animals by Maria Gill <u>Learning about</u> service animals and the role of mascots during war time.
Weeks 3-5	Topic studies - Boats Books which explore the definition of a boat, their uses, how they move and where they are used.	Topic studies – Inventions. Books which provoke students to question the skills and qualities needed to invent something new.	Topic study-collage Learning about collage and the different techniques which can be used by artists to illustrate picture books.
Weeks 6 – 8	First Nations All students will share stories by author <u>Gregg Dreise</u>	First Nations All students will share stories by author <u>Gregg Dreise</u>	First Nations Students will share stories by various First Nations authors.
Week 9-10	Library Skills – Parts of a book	Library Skills – Genre, book features.	Library Skills – Dewey System of cataloguing books
11 –	Beautiful New Literature	Beautiful New Literature	Beautiful New Literature

Yours in reading and learning.

Jeanette Johnson and Sophie Callcott

Sandy Point Music

Our May event, the last before our winter break. We're pleased to welcome back Jungle Jim Smith with Meg Doherty.

When: Saturday 25th May

Where: Sandy Point Community Centre

Time: Doors open at 7.15pm for an 8.00pm show

BYO: Drinks and Nibbles

Op Shop Volunteers

The Fish Creek Memorial Hall is in need of Op Shop Volunteers and we're reaching out to the community for assistance.

The Op Shop crew, headed up by Nadia Stefani OAM is great team to be part of and the Op Shop is a valuable asset in our community, raising funds not only for the Hall but also for the wider community, such as the \$26,000 donation made to the Fish Creek Football Netball Club at the end of last year.

For further details on volunteering, contact Nadia: 0437 802 780



Theircare

Before and After School Care



Hello Fish Creek School Community, News from Theircare!!!

The spice route is also sometimes known as the maritime silk route. For the last couple of weeks, we started our journey down from China toward the Malacca straight. Last week, whilst immersing ourselves in the flavours of Sichuan Pepper and Star Anise, we decided to take a detour to Xi'an, a place in the middle of China where the overland silk route ends and where Chinese and Islamic Cooking collide.

Chinese noodles are something that has now permeated the world, but after riding the long silk trail across central Asia, a hot broth of hand flung noodles would have been a particularly welcome flavour.....in the manner of the Uygher peoples, we kneaded dough then stretched silken noodles called "Biang Biang", tossing them into our Hot and Tingly Uygher Spice mix.

This week we are immersing ourselves in Japan. Through cooking typical dishes like Okonomiyaki, sushi and Tamago Kaki Gohan, we have discovered a curious lack of spice in Japanese cooking. Nevertheless a world of condiments exalted through fermentation (ginger, mustard leaves, yuzu and pickled plum) and cornucopia of delicias from the bottom of the sea opened up to us. Next week we will learn to make Dashi stock and pickled eggs for our favorite Ramen dishes as well as pickled condiments and Japanese Omelette.

Whilst Japan might not have dealt in spice to the same extent of other countries along the spice route, vestiges of trade are apparent in its card games, which were influenced by Portuguese and Spanish traders....in fact the small size of Japanese cards is thought to come from the European sailors always trimming their cards down to size to keep the edges sharp. Next week we will be immersing ourselves in Japanese Karuta (cards, from the Portuguese carta).

Today we will be making Hana Fuda, Japanese flower cards based on the zodiac. It was these cards that launched the game company Nintendo!



Our operating hours are:
Before School: 7:00 AM - 9:00 AM
After School: 3:20 PM - 6:00 PM

Contact Head Office
1300 072 410
info@theircare.com.au

Contact Service
0457 555 261
fishcreek@theircare.com.au